INSTRUCTIONS
ORAL SAMPLE COLLECTION

Please read the instructions carefully before collecting your sample.

Check that your kit includes:
• Biohazard bag
• Sample transport tube
• Swab
• Barcode label
• Lab requisition form
• Instruction sheet
• Registration card
• Prepaid shipping label
• Return mailer

Warnings, Precautions and Cautions:
• DO NOT use the kit if it has expired.
• DO NOT apply the liquid in the transport tube directly to skin, nose or mouth.
• DO NOT drink the liquid in the bottle or take internally.
• DO NOT perform collection within 7 days of taking antibiotics.
• DO NOT drink alcohol on the day of collection
• DO NOT collect sample during menstruation or within 24 hours of intercourse
• DO NOT empty liquid preservative from tube

First Aid Measures:

| IF IN EYES: | Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing. If eye irritation persists, contact a healthcare practitioner for medical advice or attention. |
| IF ON SKIN: | Wash with plenty of soap and water. If skin irritation occurs, contact a healthcare practitioner for medical advice or attention. |
| IF SWALLOWED: | Rinse mouth. DO NOT induce vomiting. Contact a POISON CENTER or a doctor if you feel unwell. |
| IF INHALED: | If breathing is difficult, move to fresh air and keep at rest in a position comfortable for breathing. If experiencing respiratory symptoms, contact a POISON CENTER or a doctor. |

Reagent Composition and Information on Ingredients:

<table>
<thead>
<tr>
<th>Chemical name:</th>
<th>Concentration:</th>
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<tr>
<td>HEPES (7365-45-9)</td>
<td>1 - 5%</td>
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<tr>
<td>Ammonium Sulfate (7783-20-2)</td>
<td>1 - 5%</td>
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Store unused kit in a dry place at room temperature (15°C to 30°C or 59°F to 86°F) prior to use.

Directions:
1. Register your kit at www.mylabbox.com/register
2. Fill out the laboratory requisition form.
3. Wash your hands.
4. Write your date of birth and collection date on the transport tube in this format: MM/DD/YYYY
5. Carefully insert a swab in your mouth and rotate it against the back of the throat, swabbing it at least 3 times.
6. Gently rub it up and down and against any white patches in the tonsillar area. Avoid the tongue and cheeks.
7. Insert the swab into the transport tube. DO NOT pour out the liquid inside.
8. Re-cap the transport tube tightly.
9. Place the tube in a biohazard bag. DO NOT remove the absorbent pad in the bag. Seal the bag.
10. Place the bag and completed lab requisition form into the box and ship using the postage-paid envelope provided. You can leave the envelope in your mailbox or at any USPS pickup location.